

Gotta check my schedule, talk to my spouse, etc

Yup, I definitely understand. Y'know with everything going on, we've had to adapt the way we do business - knowing that your time is super valuable right now, I just want to make sure you don't have to wait for us. Thinking tentatively of your schedule, if I were to reserve some time, would it more likely be today or tomorrow? Alright I'm going to set a tentative appointment for you on (day) at (time), and if you can't make it we'll just re-schedule. Do you have a pencil handy?

Give phone number, confirm appt details, provide directions, firm it up as if it were any other appointment. Many times the tentative becomes a real appointment.